



## NURSE –LED SEXUAL HEALTH CLINIC

This clinic is run by the nurse as part of our commitment to offering a comprehensive testing service to our students for sexually transmitted infections.

### **Who is the service for?**

The service is for all UCD students who would like to be screened for sexually transmitted infections and have no acute symptoms. You may not know if you have an STI. Some STIs have no obvious symptoms, so you may not be aware that you are infected. If you are sexually active, it is important to have regular check-ups. You can reduce your risk of STIs if you always use a condom.

### **When is the clinic?**

Clinic by appointment only on Tuesday and Wednesday mornings from 9.30am -12md

Appointments can be made at reception desk or you can ring 01 7163134

Cost: 40 euro

### **What happens at the appointment?**

You will be seen by the nurse who will take a medical/sexual history.

### **All the information given and results of tests are strictly confidential**

Physical examination is done, if required

The following samples are taken:

Blood sample is taken to test for Syphilis/HIV/Hepatitis B/Hepatitis C

For females, a self-taken vaginal swab to Chlamydia and Gonorrhoea

For males, a urine sample is required to test for chlamydia and gonorrhoea- (first catch sample and not to have passed urine **for over one hour** before sample is taken)

At times, depending on the history, a swab can be taken from the back of the throat and from the anal canal

### **Results**

The results will be back within 10 days and the nurse will offer you the option of returning for results or send a generic text informing you “the results of your recent tests are back and are normal”

In the case where further testing is required or a test is positive, the nurse will contact you and ask you to attend the Student Health Services.

Please phone the Student Health Services 01 7163134 and ask to speak to Geraldine if you require more information before your appointment.