

# ALL ABOUT ME

My name is Ciara. I am a third year General Nursing student and I am running to be your next SU Welfare Officer. I want to tackle the big issues causing barriers to student's education such as the cost of living and housing crisis, lack of health support and lack of accessibility.

I have gained experience as your current SU Mental Health Campaigns Coordinator, Class Rep, two time Secretary of UCD LGBTQ+, Peer Mentor, Orientation Guide and Volunteer 'Cara' at the charity Barretstown. I am the best person for this role because I am not afraid to fight for what I believe in and the rights of all student.



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@CIARA\_FOR\_WELFARE

# CIARA **VOTE #1** DONOHUE



CIARA CARES

FOR  
**WELFARE**  
UCD SU EXECUTIVE ELECTIONS  
APRIL 2ND - 4TH



# WHAT I'LL DO



## STUDENT HOUSING

- I will relaunch the housing survey.
- I will fight for affordable student accommodation.
- Relaunch digs drive to increase student housing.
- I will advocate for digs legislation.
- I will make a pre-budget submission to draw governmental attention on the current student housing crisis.

## PLACEMENTS, INTERNSHIPS AND ERASMUS

- **I will advocate for equity of experience for all students attending placements and internships, and fight for increased support for students from disadvantaged backgrounds.**
- **I will offer students off-campus support sessions and misconduct reporting guidance to empower students on clinical placements and internships**
- **Assist Erasmus students with international university connections.**



## HARM REDUCTION



- Have anti-tamper drink covers and safe drug mixing information cards at all SU events where alcohol is served.
- I will encourage informed health decisions and drug safety.
- Launch an information campaign on drug safety.



# WELFARE CAMPAIGNS



- I will increase frequency of commuter breakfasts to twice per week due to their positive impact on students.
- I will enhance SHAG (sexual health awareness and guidance) week by incorporating more sexual health information and campaigns throughout all events.
- I will develop a Trans, Non-binary, and Intersex student handbook, downloadable from the website. Covering topics such as trans healthcare in Dublin, mental health support, harm reduction in DIY HRT, name and gender change procedures in UCD, and information on trans charities in Ireland.
- Continue to push for trans healthcare products to be available through the union.
- Host information sessions on employee rights to educate and empower students who work, building upon existing website resources.

## STUDENT HEALTH + ACCESSIBILITY

- **Provide chill rooms at all major SU and alcohol-serving events.**
- **I will fight for more therapists in student counselling services in line with the international accreditation of counselling services.**
- **I will strongly oppose outsourcing counselling services.**
- **I will lobby to increase GPs and health service space for growing international student population.**

