

I Need Advice & Guidance

Life might feel a bit daunting right now, but remember that it's perfectly normal to experience challenges when you are a student. You might be dealing with difficulties in your personal life. You might be wondering if your programme is the right one for you. You might be worried about money or you might be feeling a bit lonely and homesick. Remember that there are loads of supports available to you at UCD. Take a look through the links below to see what might help you with whatever you need.

- [UCD Current Students Information and Resources Webpage](#): Contains information on registration, exams, the Student Desk, fees, and key dates, among other things.
- [UCD Student Advisers](#): Provide support to find ways to deal with personal, social, financial and emotional issues while you're in UCD, and to provide support when it comes to policies, procedures and services.
- [UCD Mature Student Adviser](#): Emma Somers is available to meet with mature students to provide support and guidance on a range of issues.

- UCD Postgraduate Research Student Adviser: Eamonn McHugh is available to meet with postgraduate research students to provide support and guidance on a range of issues.
- UCD Chaplaincy: UCD's Chaplaincy Team is available to support people from all denominations, religions, faiths and none. Our chaplains offer student support, pastoral care, spiritual direction and the opportunity to be part of a community of understanding, respect and dialogue.
- UCD Financial Supports: Click on this link to find out more about the financial supports available to students.
- UCD Global: UCD Global offers support to all of our international students. The team is on hand to support students before they arrive in UCD and to help you settle into life in UCD, Dublin and Ireland.
- UCD Access and Lifelong Learning: Find out about the supports or reasonable accommodations available to those who need it due to the impact of a disability, ongoing physical or mental health condition, or a specific learning difficulty.
- Contact details for School/College Offices: Contact details for your School/College Administrator or Programme Director/Programme Manager.
- UCD Library: Learn about all services on offer in UCD's five wonderful libraries.
- UCD Residences: If you live on campus or are looking for a place to live, UCD Residences is a valuable resource for all students.

- UCD Students' Union: UCDSU offers a range of supports and services, both online and in-person. Academically, the SU can offer advice, peer peer-to-peer support and representation. The UCDSU Education Officer can help with exam queries, advice on navigating UCD, and signposting students to get all issues resolved.
- UCD Careers Network: Whatever stage you're at in your career planning, UCD Career Network's experienced team of Career & Skills Consultants are here to facilitate and empower you to manage your own career development, make effective career transitions with lots of opportunities to meet employers.
- UCD Student Health: UCD Student Health provides on-campus medical, psychological and psychiatric care for registered students.
- UCD Counselling: Find details on the services available to you, such as meeting one-to-one with a counsellor.
- UCD Dignity and Respect Service: This is a dedicated service to support students, employees and UCD community members involved in issues of bullying, harassment and sexual misconduct. The service provides information and a listening ear.
- Togetherall: A safe, anonymous, online community for mental health support which is free for all UCD students.